

Effective Treatment for Adult Substance Use Disorders:

A structured approach to treating the physical, emotional & spiritual illness of addictions

Presented By: David Gust, LAADC, NCAC II, CADC II
 with Kent Morrison, MA, LAADC, CADC II and Sheila Walker, BA, LAADC, CADC II
 with guest speakers Michael Parr, M.D. and Dr. Stephen Grinstead

Co-Sponsored by Heritage Oaks Hospital

| <u>Agenda</u> | <u>Presenter</u> | <u>Details</u> |
|--|--|--|
| <p>The Fundamental Principles of Effective Treatment</p> <p>The neurological consequences of substance abuse as it pertains to the adolescent/young adult (ages 18-25) vs. the adult (over age 25)</p> <p>A new understanding of the physical illness and a treatment plan</p> <p>Smoking addiction and a treatment plan</p> <p>Co-occurring addictions</p> <p>Treating the co-dependent</p> <p>The emotional illness of addiction & the treatment</p> <p>The spiritual illness of addiction & the treatment</p> <p>The New Directions Model for Adult Treatment</p> | <p>David Gust, LAADC, NCAC II, CADC II</p> <p>As graduate of the esteemed Hazelden Foundation's Chemical Dependency Counselor Training Program, David has extensive experience working with adolescent, young adult and adult clients and their families. He has worked in both outpatient and inpatient treatment programs since 1977.</p> <p>In 2011 David was awarded the James Fulton award as counselor of the year. David was also honored as an inductee into the Fellows Council of the California Association of Drug & Alcohol Counselors.</p> <p>In 1994, the Sacramento County Alcohol and Drug Advisory Board honored David with the Harold Cole Memorial Award for his outstanding contributions in the field of alcoholism and drug abuse outreach, prevention and treatment.</p> <p>New Directions Counseling Associates is a group practice that has been specializing in substance abuse, addiction & co-occurring disorders since 1981.</p> <p>Next training opportunity presented by New Directions Counseling Associates:</p> <p>25th Effective Treatment for Adolescents & Young Adults with Substance Use Disorders Friday, October 5, 2012</p> | <p><u>Date & Time</u> Friday, May 18, 2012 8:30 am – 4:30 pm Registration 8:00 -8:30 am No host lunch break</p> <p><u>Location</u> Heritage Oaks Hospital 4250 Auburn Blvd. Sacramento, CA 95841</p> <p><u>Fee</u> \$150 per person (No refunds after April 1, 2012)</p> <p>*Participants will receive a CD of New Direction's Adult Program materials.</p> <p>7 Contact Hours</p> <p>Provider approved by CFAAP/CAADAC, Provider # 5-12-158-0314 for 7 contact hours.</p> <p>Provider approved by the California Board of Behavioral Sciences, Provider # PCE 5093 for 7 contact hours</p> <p>Provider approved by the California Board of Registered Nursing, Provider # CEP 15942 for 7 contact hours.</p> <p>For more information call David Gust 916-966-4523 ext. 3 www.DavidGust.net</p> |



Registration Form

| | |
|--|---|
| Name: _____ Address: _____ City: _____ State: _____ Zip: _____ Phone: _____ Email: _____ | Please mail this form and a check for \$150.00 payable to: David Gust New Directions Counseling Associates 7996 Old Winding Way, Suite 300 Fair Oaks, CA 95628 |
|--|---|