

# 25<sup>th</sup> Effective Treatment for Adolescents & Young Adults with Substance Use Disorders

**Presented By: David Gust, LAADC, NCAC II, CADC II  
and Kent Morrison, MA, LAADC, CADC II**

**Co-Sponsored by Heritage Oaks Hospital**

<u>Training Description</u>	<u>Agenda</u>	<u>Details</u>
<p>We have evolved as a field. Adolescent and young adult Addiction has become a specialization. Many young people are recovering. Many more are struggling with their illness. This training is designed to help you understand how to work with and treat adolescent and young adult addictions.</p> <p>Our understanding of the illness has evolved and deepened. We are more effective in our work with this challenging population.</p> <p>Participants will be able to take what they have learned in this training and apply it immediately to their work with young people and their families.</p> <p style="text-align: center;"><b><u>Presenters</u></b></p> <p><b>David Gust, LAADC, NCAC II, CADC II</b></p> <p>David Gust is the founder of New Directions Counseling Associates. As a graduate of the esteemed Hazelden Foundation's Chemical Dependency Counselor Training Program, David has extensive experience working with adolescent, young adult and adult clients and their families. David is the author of <i>Effective Outpatient Treatment for Adolescents &amp;</i> co-author of <i>How to Help your Child become Drug Free</i>.</p> <p><b>Kent Morrison, MA, LAADC, CADC II</b></p> <p>Kent Morrison specializes in the outpatient treatment of adolescents, young adults and their families who struggle with substance abuse. His counseling program includes both individual and family counseling coupled with parent education meetings. Kent has a Masters Degree from Hazelden's Graduate School of Addiction Studies and is both licensed and certified through the California Certification Board of Alcohol and Drug Counselors.</p>	<p><b>The Neurological:</b></p> <ul style="list-style-type: none"> <li>• Brain Development</li> <li>• The Progression of Addictions</li> <li>• Impact on Treatment</li> </ul> <p><b>The Ten Essential Fundamentals of Adolescent &amp; Young Adult Substance Use Treatment</b></p> <p><b>The Intervention Phase of Treatment:</b></p> <ul style="list-style-type: none"> <li>• Identifying co-occurring disorders</li> <li>• Identifying co-occurring addictions</li> <li>• Address denial and increase motivation for recovery</li> </ul> <p><b>A Family Program Model</b></p> <p><b>The Stabilization Phase of Treatment:</b></p> <ul style="list-style-type: none"> <li>• Helping form the developing self-identity</li> <li>• Sobriety as a lifestyle (i.e. exercise, nutrition and relationships)</li> <li>• Understanding, feeling, and expressing one's emotional health</li> </ul> <p><b>The Consolidation Phase of Treatment:</b></p> <ul style="list-style-type: none"> <li>• Implementation of a program of recovery</li> <li>• Reestablishment of healthy family dynamics and boundaries</li> </ul>	<p style="text-align: center;"><b><u>Date &amp; Time</u></b></p> <p style="text-align: center;"><b>Friday, October 5, 2012</b> <b>8:30 am – 4:30 pm</b> Registration 8:00 -8:30 am No host lunch break</p> <p style="text-align: center;"><b><u>Location</u></b></p> <p style="text-align: center;">Heritage Oaks Hospital 4250 Auburn Blvd. Sacramento, CA 95841</p> <p style="text-align: center;"><b><u>Fee</u></b></p> <p style="text-align: center;">\$125 per person (No refunds after October 1, 2012)</p> <p style="text-align: center;"><i>Dress comfortably</i> <i>No perfume or cologne please</i></p> <p style="text-align: center;"><b>*Participants will receive CD of New Directions Adolescent and Young Adult program materials.</b></p> <p style="text-align: center;"><b>7 Contact Hours</b></p> <p style="text-align: center;"><small>Provider approved by CFAAP/CAADAC, Provider # 5-12-158-0314 for 7 contact hours.</small></p> <p style="text-align: center;"><small>Provider approved by the California Board of Behavioral Sciences, Provider # PCE 5093 for 7 contact hours</small></p> <p style="text-align: center;"><small>Provider approved by the California Board of Registered Nursing, Provider # CEP 15942 for 7 contact hours.</small></p> <p style="text-align: center;">For more information call David Gust or Kent Morrison 916-966-4523</p> <p style="text-align: center;"><a href="http://www.DavidGust.net">www.DavidGust.net</a> <a href="http://www.sobrietylifestyles.com">www.sobrietylifestyles.com</a></p>



## Registration Form

<p>Name: _____</p> <p>Address: _____</p> <p>City: _____ State: _____ Zip: _____</p> <p>Phone: _____</p> <p>Email: _____</p>	<p>Please mail this form and a check for <b>\$125.00</b> payable to:</p> <p>David Gust New Directions Counseling Associates 7996 Old Winding Way, Suite 300 Fair Oaks, CA 95628</p>
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